FINAL RIDER INSTRUCTIONS

2014 STAGECOACH CENTURY, Saturday, January 18, 2014 Ocotillo // Shelter Valley // Ocotillo, California, USA

WELCOME and **THANKS** for joining the <u>10th Annual Stagecoach Century</u>. These important points will help insure your safety and comfort. Stagecoach rolls rain or shine, and is a recreational ride, not a race. **Visit the website for any last-minute changes before departing for Ocotillo.**

- 1. <u>Safety:</u> First & Foremost, SAFETY IS PARAMOUNT! Everyone at the event must be Alert and Focused at all times. Ride as if your life depends on your own actions, because it does! This is a "Rules of the Road" event, meaning everyone must comply with all Traffic Laws, including stopping at the two Stop Signs. Police will issue tickets to riders disregarding Traffic Laws. Riders failing to heed Stop Signs will be disqualified from the Time Trial and will not receive credit or times for completing the Full Century. All riders must wear a helmet.
- 2. <u>Bib Numbers:</u> Bib#'s (aka, helmet numbers) are assigned to each rider and posted on the shadowtour.com website under "<u>Rider Lists</u>". Please locate your Bib# before entering the line at packet pick up. A cross-referenced Alphabetical Rider Roster will also be posted.
- 3. Packet Pick up/Registration: NEW! Riders may pick up rider packets, or register in-person (cash/credit), on Fri, Jan 17, at the <u>Doubletree San Diego-Del Mar</u> located at 11915 El Camino Real, San Diego, CA 92130 (<u>map it</u>), just off Interstate 5, in Carmel Valley, Noon-8:00 P.M, or on Sat, Jan 18 at the Start/Finish in Ocotillo, 6:00-9:00 A.M. Riders may pick up friends' packets with written permission (i.e. a printed email).
- 4. **Parking:** On Sat, Vol's/signs will mark the way to the parking area at the Ocotillo Community Park (Start/Finish), about 2 miles north on S2. Parking inside the parking lot is 1st Come/1st Served. Lot opens at 5:30 A.M. Overflow parking is along S2 & Shell Cyn Rd. Park legally, well off the S2. Don't block residence driveways. Carpooling is strongly encouraged.
- 5. <u>Jerseys/T-shirts:</u> Riders who **purchased** a jersey on or before Nov 22, '13 will receive them at packet pick up. Jerseys **purchased** after Nov 22 will be in the 2nd production run to be mailed in Mar '14. T-shirts will be at packet pick up for riders **who purchased them.**
- 6. <u>Bike Inspection:</u> Riders must individually insure their bicycle is mechanically sound and equipped with fully serviceable brakes, wheels, and tires. **WE STRONGLY ENCOURAGE** every rider get a professional tune-up and safety inspection prior to the ride. Replace all questionable components, *especially tires*. Stagecoach is no place for worn-out tires!
- 7. Wristbands: Please loosely affix your enclosed wristband(s) to either wrist.

Red/White/Blue: Full Course pass to all Rest Stops (will be marked at turnaround point). **Yellow:** Short Course pass to all Rest Stops (will NOT be marked).

Silver: Lunch location for riders who selected Shelter Valley, near the halfway point.

Gold: Lunch location for riders who selected Ocotillo, at the Start/Finish.

- 8. **Start Times:** Early Time Trial riders start 7:00–7:10 A.M. Individuals start 7:10-9:00 A.M. We **STRONGLY RECOMMEND** that all 100-mile riders **DEPART AS EARLY AS POSSIBLE**. Riders going less than 100 miles may start after 9:00 A.M. Lunches will be available beginning at 10:00 A.M, in both Ocotillo and Shelter Valley. Plan your ride accordingly.
- 9. <u>Mechanic Support:</u> Mechanics will be at the Start/Finish on Sat morning from 5:45-8:00 A.M. All mechanics begin roving the course at 8:00 A.M. Pay mechanics for replacement parts.
- 10. Red Zones: In designated RED ZONES (potentially hazardous areas) use EXTRA CAUTION. On Red Zone descents, reduce your speed to a maximum of 20 MPH and stay as far to the right as safely possible. The two Red Zones are Sweeney Pass near mile 12 on the way out and Campbell Grade near mile 67 on the return. Both are marked with signs at the beginning/end. At Campbell Grade, CHP Officers/Vol's may ask you to stop before descending to remind you to use extra caution on the blind right turn near the bottom. Always be alert! Watch for potholes & sand and point out & announce hazards to other riders.

- 11. Share the Road: Vehicle traffic on S2 is usually light. Expect some traffic, RVs, and vehicles pulling trailers. Ride single file at all times & stay alert for passing vehicles. In groups, announce "Car back!" and give extra room, if safely possible. Use extra caution at Scissors Crossing; come to a complete stop at stop signs. Ride to the right of the white line at all times when safe to do so. Keep your cool if vehicles honk or behave aggressively. Inform CHP at Scissors Xing of unsafe drivers. Parents accompany minors.
- 12. <u>Gear Drop:</u> Vol's in Ocotillo will accept rider gear bags for storage on Sat morning in the Start/Finish area. Do not leave valuables, as we cannot guarantee security. This service is primarily for riders wishing to leave outer layers of warm clothing worn just prior to the start. An additional Gear Drop is at Rest Stop #1 until 10:00 A.M. These bags will be returned to Ocotillo at 10:30 A.M. and stored at the Finish. Mark gear bags with Bib#/Name. Pick up Gear Bags after the ride. Unclaimed bags will be returned at rider's expense (\$7).
- 13. <u>Weather:</u> Forecasts will be posted on the Shadow Tour website as the event nears. Expect a cool/cold morning and headwinds on your ride north. We recommend arm/leg warmers, full-finger gloves, a base layer, an outer layer, and riding in small single-file pace lines of less than 10 bikes (if windy conditions). Pesky headwinds on your morning ride north *USUALLY* will end up as welcomed tailwinds on your return south in the afternoon!
- 14. <u>San Diego County Waivers:</u> All riders and volunteers must complete and sign a <u>San Diego County Liability Waiver</u> at packet pick-up. We apologize; it's a strict SD County requirement.
- 15. <u>Optional Chip Timing:</u> Optional (no charge) for all Full Course riders, by <u>CEP Timing</u>. Pick up chips on Saturday (only) in Ocotillo at the Timing Booth by the Start/Finish. Return all timing chips at Timing Booth at the Finish. **There is an \$85 fee for missing timing chips.**
- 16. Timeline and Time Cut-offs (Sat):

5:30 A.M. Parking Lot opens at Ocotillo Community Park

6:00 - 9:00 A.M. Registration/Packet Pick-up in Ocotillo

6:15 - 9:00 A.M. MANDATORY: Time Trial Solo Riders & Teams check-in at Timing Booth

6:30 - 9:00 A.M. OPTIONAL: Full Course Riders pick up timing chips at Timing Booth

7:00 - 7:10 A.M. Solo & TTT early start window (optional, may start later)

7:10 - 9:00 A.M. Individual riders start window/Solo & TTT late start

10:00-1:15 P.M. Lunch open in Shelter Valley for riders selecting Shelter Valley (halfway)

10:00-5:00 P.M. Lunch open in Ocotillo for riders selecting Ocotillo (Start/Finish)

11:00-5:30 P.M. Optional Post-ride Pasta Meal in Ocotillo

Noon
Cut-off for northbound riders at RS #2, mi 25, riders must return to finish.

12:15 P.M.
Cut-off for northbound riders at Scissors Crossing, mi 45, No Exceptions!
Cut-off for northbound riders at RS #3, mi 36. Riders must return to finish.

1:00 P.M.

Mandatory turnaround, all riders must be riding south to Ocotillo

1:00 P.M. Wandatory turnarouna, an riders must be riding south

1:15 P.M. Lunch in Shelter Valley closes

5:00 P.M. Course closes. All riders must be off the course (darkness/temps fall quick!)

17. **Routes:** This is an out-and-back course. The course is designed to allow any of the following distances with full support (distances are approximate).

26 mile course: To turnaround point near mile 13 and back to Ocotillo

50 mile course: To Rest Stop #2 and back to Ocotillo **73 mile course:** To Rest Stop #3 and back to Ocotillo

84 mile course: To Shelter Valley Lunch Stop and back to Ocotillo

90 mile course: To Scissors Crossing (intersection of S2 & Hwy 78) and back to Ocotillo

100 mile course: To turnaround point at mile 50 and back to Ocotillo

18. <u>Rest Stops:</u> Four static Rest Stops, plus the Lunch/Rest Stop, support riders in both directions and provide 8 chances to re-hydrate, carb-up, and get course info. Use extra caution riding in Rest Stop areas. If you are stopping, announce "Stopping!" to avoid rear-end crashes. Move bicycles completely off S2. To limit vehicles, promote safety, and comply with permit restrictions, outside support from friends & family in vehicles is not permitted anywhere on the course. Do not touch/lean bikes near prickly Jumping Cholla Cactus!

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Rest Stop #1/8 (7:30-4:30 P.M.): Badlands (mile 10.5) and Rest Stop 8 (mile 90)
Rest Stop #2/7 (8:00-3:00 P.M.): Agua Caliente (mile 25) and Rest Stop 7 (mile 75)
Rest Stop #3 (8:45-12:45 P.M.): Box Canyon (mile 36.5)
Rest Stop #4/6/Lunch (9:15-1:15 P.M.): Shelter Valley (mile 42 & mile 57)
Rest Stop #5/Turnaround (9:30-1:00 P.M.): San Felipe Grade, turnaround point (mile 50)
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- 19. **Route Markings/Maps:** Orange/Yellow arrows and signs, traffic cones, CHP, and volunteers will guide you. Rider packets include a Course Strip Map detailing Courses and Rest Stops.
- 20. <u>Full Century Finishers:</u> Full Course Riders completing the full century must have their wristband validated at the turnaround *and must check-in with the Timing Booth* at the finish to record successful completion. Names & Cities of Full Century Finishers will be posted on the website. **Note: Short Course riders are not eligible for Full Century list.**
- 21. **Stores:** The Butterfield RV Resort near mile 33 and Stagecoach Trails RV Resort near mile 41 are open if you want sodas, V-8, or other items not available at Rest Stops, please bring cash.
- 22. <u>Ride Photos:</u> <u>SCS Photoworks</u> is providing event photography services. Photos are posted by Bib#. Be sure to affix the helmet sticker on the **front** of your helmet before the ride.
- 23. Floor Pumps/First Aid Kits: Available at the Start, each Rest Stop, and the Lunch Stop.
- 24. **SAG Support:** SAG vehicles will be roaming the course marked with orange magnetic signs. Flag them down if you have a mechanical problem, need water, or need other assistance.
- 25. <u>Included Lunch:</u> All riders receive an included Subway sandwich lunch. Lunches will be available starting at 10:00 A.M. Wristbands indicate rider's lunch location (Shelter Valley, or Ocotillo). In Shelter Valley, it's recommended to first ride to the 50-mi turnaround, then return to Shelter Valley for lunch, to make the 12:15 P.M. Scissors Xing cut-off time. Please plan your ride Start/Finish times accordingly. Lunch wristbands are removed when lunches are received.
- 26. <u>Trash:</u> Please keep all your on-route trash (especially Clif Bar wrappers, gel packets, and banana peels). Use trash bags located at all Rest Stops, the Lunch Stop, and the Start/Finish.
- 27. <u>Ride Momentos:</u> A limited inventory of jerseys and t-shirts will be for sale after the ride in the Start/Finish area. Paid riders receive a Custom Pin and Custom Finishers Medallion.
- 28. <u>Course Marshals:</u> Course Marshals are identified by Yellow Vests. Most volunteers are trained only with their station's operation. For higher level support, ask for a Course Marshal.
- 29. <u>Volunteers:</u> Our Gratitude goes out to Neal Hitch, from the Imperial Desert Museum in Ocotillo, and to Ray Schmitz, President of the Shelter Valley Citizen's Corporation, for all their hard work. These outstanding community leaders personally recruited, trained, and managed their volunteers. Volunteers are giving up their weekend to help you enjoy yours. Please always be courteous and let 'em know you appreciate their help! Donation links: <u>Imperial Desert Museum</u> and <u>Shelter Valley Citizen's Corporation</u> (both entities are 501c3 non-profits).
- 30. <u>Emergency Numbers:</u> If you encounter mechanical or other problems on the course, call Shadow Tour Staff/Vol's: Jim Knight (858) 692-6220; Matt McDaniel, Traction Bicycles (619) 379-5150; Tim Robles (619) 602-2437. Cell phone coverage is limited on S2.

MANY THANKS FOR PARTICIPATING IN THE 2014 STAGECOACH CENTURY. We hope to see you again soon and that you'll recommend us to your friends. We welcome constructive feedback (such as input for "Rider Levels") and are very interested in your suggestions for improvement. Email us at support@shadowtour.com. You may also post to the Facebook Stagecoach Fan Page.

Have a Safe & Fun Ride!

Jim Knight Managing Member Shadow Tour, LLC

